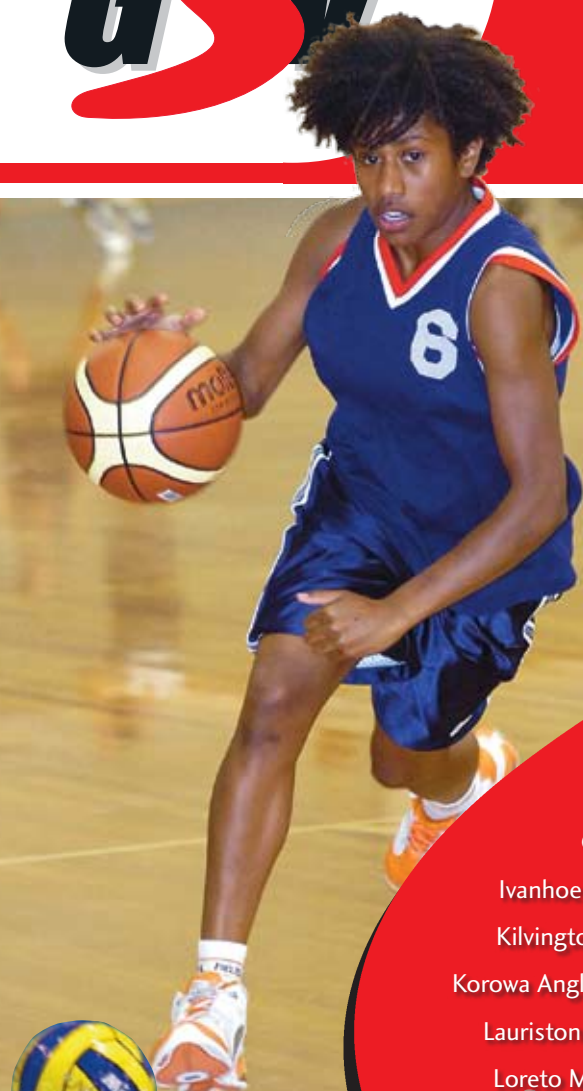




Girls Sport Victoria 2008

VOLUME 8



Camberwell Girls
Grammar School

Fintona Girls School

Firbank Grammar School

Genazzano FCJ College

Ivanhoe Girls' Grammar School

Kilvington Girls' Grammar

Korowa Anglican Girls' School

Lauriston Girls' School

Loreto Mandeville Hall

Lowther Hall Anglican Grammar School

Melbourne Girls Grammar

Mentone Girls' Grammar School

Methodist Ladies' College

Our Lady of Mercy College

Presbyterian Ladies' College

Ruyton Girls' School

Sacré Coeur

St Catherine's School

St Margaret's School

Shelford Girls' Grammar

Star of the Sea College

Strathcona Baptist Girls Grammar School

Tintern Girls Grammar School

Toorak College





GIRLS SPORT VICTORIA

GSV Office

86 Anderson Street, South Yarra 3141
Phone: 9862 9260 Fax: 9862 9259

Executive Officer

Ms Meredith Prime

Sports Officers

Mrs Leonie Mawkes
Ms Kelly Featherston

GSV Website

www.gsv.vic.edu.au

Contents

- 2-3 President's Report
- Sports Captains' Breakfast
- Acknowledgements
- 4-7 Weekly Sport
- 8-10 Carnivals
- 11 Tournaments
- 12-13 Sports Skills Program
- 14 Expos
- 15-16 Photos

Acknowledgements

Editor: Dr Ros Otzen

Publication Committee: Dr Helen McDonald,
Mrs Helen Hughes, Dr Anne Sarros

Publication Project Officer:

Mrs Leonie Mawkes

GSV Logo: Mr Peter Court, Singleton,
Ogilvy and Mather.

Design: Kerri Valkova Graphic Design

Photography: provided by KIDS KLIX and
participating schools.

Copyright: Girls Sport Victoria.

All rights reserved. Except as provided by Australian
copyright law, no part of this publication may be
reproduced in any form without permission in writing
from Girls Sport Victoria.



From the GSV President

Girls Sport Victoria has gone from strength to strength this year, with greater numbers of girls from Years 7-12 participating in exciting programs, meets and competitions. We commend the girls and young women in all our schools for the enthusiasm and dedication they have shown in their various sporting endeavours.

We are proud of each individual contribution, each personal best, each team effort; we applaud every participant for being just that - a participant in girls' sport!

Similarly, we applaud the Premiers in each section of our competition; it is wonderful to see the spread of results and the improvement in skills and talents over the last few years. In this Olympic year, where we have been shown the very best in human sporting endeavour world-wide, we acknowledge too the inspiration that can be gained from one another on track and field, in the water and on the courts.

Recorded in this publication is the honour roll of our combined past students who have represented Australia in the Beijing Olympics. What a wonderful and fitting tribute to the talent and skills of these young women, and also to their schools and teachers who have fostered and nurtured their love of sport over many years, and who contributed to the development of their qualities of perseverance and tenacity.

We present this 2008 GSV magazine to you with pride.

Dr Susan Stevens - President, Girls Sport Victoria

Sports Captains' Breakfast 2008

The depth of sporting talent within GSV schools is at its most evident at the GSV Sports Captains' Breakfast. The majestic Hillsley Gallery at Ivanhoe Girls' Grammar was packed with over 100 girls, many of them elite athletes in their own right.

They were inspired to 'leave a legacy' at their school, by the immediate past Sports Captain from Shelford Girls' Grammar, Kate Thomas, who also left them with the biggest tip for navigating the demands of Year 12 – forget about Facebook until after your last VCE exam!

World Class Road Cyclist Emma Rickards recounted her move from elite level Rowing to Cycling and the highs and lows of being an International sports person. Her emotional chronicle of text messages sent to her father around the time of Amy Gillett's tragic road accident, precipitated a wash of tears throughout the room and was a profound reminder of both the fragility of life and the importance of cherishing it.

But even with such outstanding guest speakers, the Sports Captain speakers from Genazzano, Strathcona and Ivanhoe were certainly not overshadowed – their messages were grounded with practical ideas and motivation to make a difference – and everyone left the Breakfast energised for the year ahead, and hopefully, following Kate Thomas' very valuable advice...



Kate Thomas

Celebrating our Beijing Athletes

Since the days of Shirley Strickland, Betty Cuthbert and Dawn Fraser our Australian sportswomen have been doing us proud on the world stage. This year, as they have done at so many Olympics past, our 'golden girls' outshone their male counterparts, contributing almost 60% of the Australian team's gold medals, despite making up less than half the team!

Where did these female athletes get their start in sport? For twelve members of our Olympic and Paralympic teams, their passion for sport was nurtured at a GSV school. We honour these young women for their efforts in their respective sports and hope that their achievements inspire today's GSV students to stay passionate about sport:

Past Students

Kimberley Crow (Ruyton, 2003). Kimberley rowed in Beijing and finished 10th in the final of the Women's Pairs.

Angela Darby (Melbourne, 1995). Angela competed in the Modern Pentathlon finishing 31st.

Sam Gondolpho (Sacré Coeur, Year 9). Sam competed in three Swimming events at the Beijing Paralympics. She finished 4th in her 200m Individual Medley heat and qualified for two Finals. In her first Paralympics she was 5th in the 400m Freestyle and 8th in the 100m Freestyle. Her classification is S10 and SM10 (lower leg amputee). Sam trains at Loreto Mandeville Hall.

Joanne Halls (MLC 1990). Joanne competed in Fencing (Foil) and finished 64th after the first round.

Rachel Imison (PLC, 1996). Rachel was the goalkeeper in the Australian Women's Hockey team (Hockeyroos) which finished 5th.

Tamsyn Lewis (MLC, 1996). Tamsyn placed 8th in the Semi Final of the 800m and 4th in her heat of the 400m.

Hannah MacDougall (Korowa, 2005). 2008 was Hannah's second Paralympics. In Beijing she competed in two Swimming events, finishing 5th in the 200m Individual Medley and 6th in the 100m Backstroke. Her classification is S10 and SM10 (lower leg amputee).

Chantal Meek (St Margaret's, 1996). Chantal competed in two Kayaking events. She reached the Semi Finals in the K1 - 500m and was a member of the Bronze medal winning K4 - 500m team.

Amber Parkinson (Melbourne, 1991). Amber competed in the Fencing (Epee). She finished 32nd after the first round.

Lizzy Patrick (MLC, 2002). Lizzy was the Coxswain in the Women's Eight Rowing team which finished 6th in the Final.

Catriona Sens (MLC, 1997). Catriona competed in the Women's Double Scull, finishing 3rd in the Preliminary round.

Justine Smethurst (Shelford, 2004). Justine was the pitcher in the Bronze Medal winning Australian Softball team (Aussie Spirit). Justine coached the Toorak College Softballers in Term One this year.

Krystal Weir (Shelford 2002). Krystal sailed in the 3-person class of Yngling and finished 10th in the final.

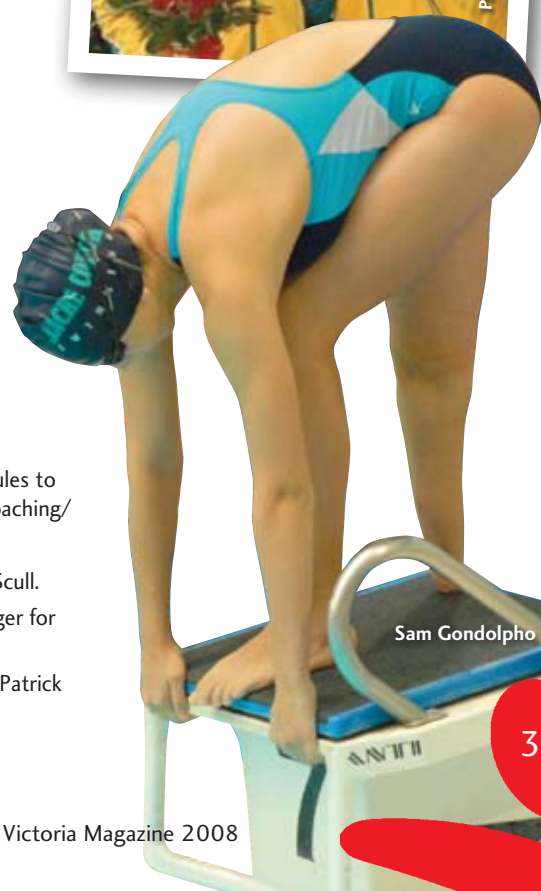
Current Staff

GSV would also like to acknowledge the following staff and coaches who have juggled hectic schedules to teach or coach girls at a GSV school whilst either training to compete at the Beijing Olympics or coaching/managing Olympic athletes:

David Crawshay (Senior Rowing Coach, Lauriston). David won a Gold Medal in the Men's Double Scull.

Jeanette Gunn (Senior Maths Teacher/Waterpolo Coach, Lauriston). Jeanette was the Team Manager for the Bronze-medal winning Australian Women's Waterpolo team.

Ian Pope (Head Swimming Coach, Korowa). Ian coached Beijing Olympic swimmers Grant Hackett, Patrick Murphy, Matt Targett and Travis Nederpelt.



Weekly Sport

Term 4 2007 Weekly Sport

Basketball

In their seventh season of GSV Basketball, Genazzano, MLC, OLMC and Star of the Sea were on top of their games again this year. MLC made it to the Finals in five of the seven matches and won two of them; OLMC was also well represented at Finals and took home two premiership pennants. Melbourne was the surprise package for the year, winning their first GSV Basketball Grand Final when they outperformed favourites OLMC 39-27.

Cricket

The 2007 Cricket season was all about making history – with a group of talented Cricketers from Star of the Sea playing their sixth and final season for a perfect 36-match winning streak. They were comfortable throughout the home-and-away series and won their Semi Final match convincingly, but nearly came unstuck against worthy opponents OLMC in the Grand Final. In the tightest of matches, the Star girls (who had stayed back from 'Schoolies Week' to compete) defeated OLMC 51- 48 and celebrated their historic win in style.

Junior Waterpolo

Waterpolo was introduced to the GSV calendar as a developmental sport in 2002, but the standard of Waterpolo played at Junior level has improved to such an extent that some of the girls competing in the GSV competition also play in State and National representative teams. Lauriston and Loreto Mandeville Hall are the teams to beat, and in the A grade Grand Final they put on an impressive display of both talent and competitiveness. At full time they were tied at 5- all but Lauriston had the staying power in the end, winning the tie-break 3-1.



	SENIOR A	INTER A	INTER B	JUNIOR A	JUNIOR B
Basketball	Melbourne	Ivanhoe	MLC	OLMC	Genazzano
Cricket	Star of the Sea			MLC	
Waterpolo				Lauriston	Lauriston



Weekly Sport

Term 1 2008 Weekly Sport

Term One was so short this year that Finals were fixtured in Term Two. This posed problems for several schools that had double-booked themselves and found their school camp clashed with a berth in the Finals. While the record books won't show them as having competed in the Finals, recognition should be made of their home-and-away season achievements.

Kilvington's Intermediate Softball and Intermediate Indoor Cricket teams both finished the season undefeated, qualifying for Finals, but forfeited due to their whole-of-school camp. St Margaret's were in a similar predicament when their Junior A team won their first ever Softball Semi Final but were unable to contest the Grand Final match because their school camp coincided with the week of Finals.

First Term Sport was also compromised with unseasonably wet weather. The Intermediate Softball and Tennis competitions lost their second round matches to rain and Senior and Junior sport was washed out in round five.

But despite these disappointments there was still much to celebrate. Lowther Hall entered an Indoor Cricket team for the very first time and exceeded all expectation, winning their way through to the Finals. Shelford's Senior Indoor Cricketers were also getting runs on the board, winning the school's second ever GSV Indoor Cricket pennant.

Korowa took great pride in their Softball achievements with all their Softball teams making the Finals, and St Margaret's and Loreto Mandeville Hall both won their first GSV Tennis Grand Final matches, Loreto winning the Senior A Grade pennant and St Margaret's the Intermediate A Grade title.



	SENIOR A	SENIOR B	INTER A	INTER B	JUNIOR A	JUNIOR B	JUNIOR C
Softball	MLC		OLMC		Korowa	Star of the Sea	
Tennis	Loreto	Firbank	St Margaret's	Star of the Sea	Melbourne	Lauriston	Star of the Sea
Indoor Cricket	Shelford		MLC(2)		MLC(1)		



A Great Start

Lowther Hall's inaugural Indoor Cricket team made history in more ways than one. Their Junior girls had shown a keen interest in competing, but staff were unsure how they would fare against schools that had already developed a tradition in the sport. Well, the girls stepped up each week and, to the surprise of everyone, won their way into the Finals. They were overpowered by eventual winners MLC, but Lowther Hall has come away from their inaugural season with the confidence and motivation to aim high in 2009.



Weekly Sport

Term 2 2008 Weekly Sport

Netball

What a Term for the unexpected! Shelford, Lowther Hall and Toorak all qualified for their first berths in a Netball Grand Final: Shelford in the Junior A Grade; Lowther Hall in the Inter A Grade and Toorak College in the Inter C Grade. It was also wonderful to see the Principals of Toorak College and Lowther Hall at Waverley Netball Centre to support their girls. While victory was not to be for them in 2008, it was refreshing to see schools that have developed their Netball programs to the point where they can set their sights on a GSV premiership pennant in the future.

Genazzano, OLMC, Star of the Sea and Lauriston were as deservedly successful as ever. (Star of the Sea qualified for every Netball Semi Final, contested 8 of the 12 Grand Finals matches and won seven of them!) They continue to set the benchmark and we applaud their efforts.

Hockey

Similarly, the Hockey spoils were spread more widely than usual, with Ivanhoe, OLMC, Star of the Sea and St Catherine's all contesting their first Hockey Semi Finals. Traditional Hockey experts Lauriston, Melbourne and MLC all prevailed at Grand Final level, with MLC taking out the Inter A and B Grade and the Junior B Grade. Melbourne won the Senior A Grade pennant and Lauriston the Junior A Grade title.

Open Waterpolo

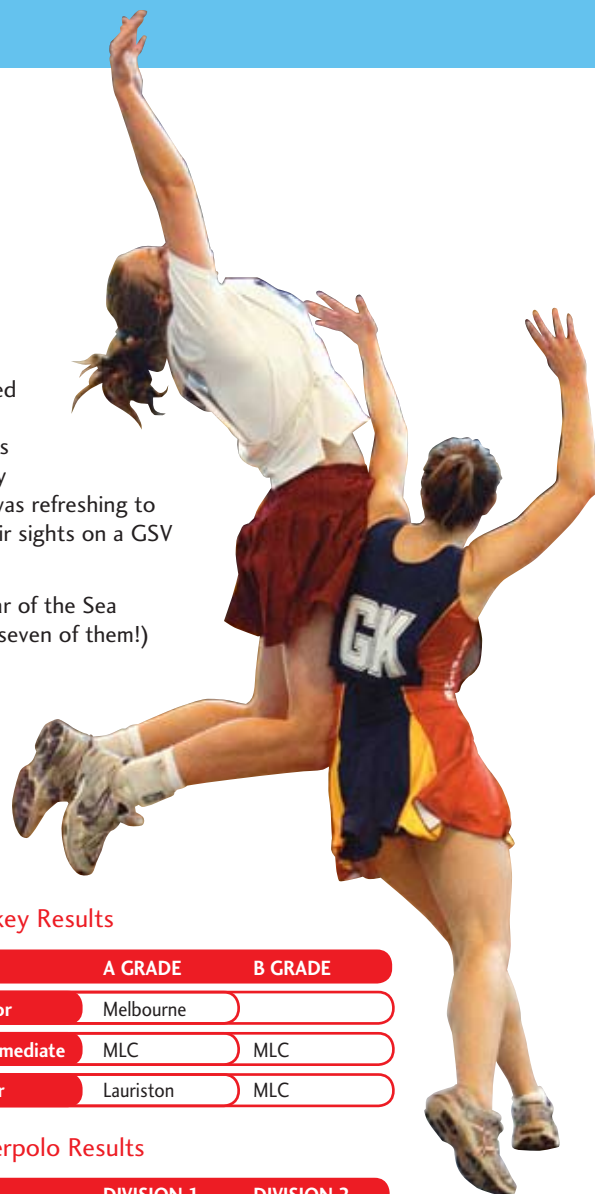
Lauriston and Loreto Mandeville Hall have set new standards in the Open Waterpolo competition, with their rivalry in the pool continuing to drive their skill development and hone their match play. Lauriston won the first bout in the home and away competition, but on the night when it counted, Loreto Mandeville Hall lifted and, for the first time since 2004, Lauriston were defeated in the Grand Final match. It was not all disappointment for them though, with their B Grade team winning a tight match against MLC to continue their unbroken reign over the B Grade competition.

Hockey Results

	A GRADE	B GRADE
Senior	Melbourne	
Intermediate	MLC	MLC
Junior	Lauriston	MLC

Waterpolo Results

	DIVISION 1	DIVISION 2
Open	Loreto	Lauriston



Netball Results

	A GRADE	B GRADE	C GRADE	D GRADE	E GRADE	F GRADE
Senior	Genazzano	Star of the Sea	Star of the Sea			
Intermediate	Star of the Sea	Star of the Sea	Star of the Sea			
Junior	Lauriston	Star of the Sea	Genazzano	Star of the Sea	OLMC	OLMC

Weekly Sport

Term 3 2008 Weekly Sport

Term 3 Sports are all optional, but possibly no-one has told the girls! A record number of teams entered, especially in Junior Soccer.

It's not just the depth of competition that is on the up and up: the girls' skills in Badminton, Soccer and Volleyball are improving every year. More schools are employing dedicated coaches in these technical sports and the benefit in terms of skill development is evident.

As the season progressed the top of the ladders became excitingly crowded. A combination of good fixturing and a bit of luck delivered a final round in which many finals berths were determined by a head to head match between the top two teams.

The result was a bit of a mix between traditionally strong schools and some newcomers that made it to the Finals series.

Genazzano's Junior team made their first ever Badminton Finals series and even though they were outclassed by the more experienced Finals campaigners MLC, the Genazzano girls held their heads high and have set their sights on a return to Finals again next year.

Firbank, Toorak and Sacré Coeur enjoyed Grand Final victory in the Senior, Intermediate and Junior levels respectively.

There was plenty to celebrate at OLMC, with their Volleyballers winning three of the six Premierships on offer. Their Junior B Volleyball team were particularly proud of themselves, having not lost a set all season, including the Finals series.

OLMC were also victorious on the Soccer pitch, with their Junior B grade team taking out the victory spoils.

But Star of the Sea College were not far behind in the victory stakes, taking out the Senior A grade and Intermediate B grade Soccer titles as well as winning the Senior A grade Volleyball pennant. MLC also deserve praise for their Inter A and Junior A pennants in Soccer.

Loreto Mandeville Hall were understandably proud of their Senior B Grade Volleyball team, winning their first ever Volleyball premiership pennant. Their achievement is to be commended, especially since it was their first GSV Volleyball final!



	SENIOR A	SENIOR B	INTER A	INTER B	JUNIOR A	JUNIOR B
Badminton	Firbank		Toorak		Sacré Coeur	
Soccer	Star of the Sea		MLC	Star of the Sea	MLC	OLMC
Volleyball	Star of the Sea	Loreto	OLMC	Ivanhoe	OLMC	OLMC



Carnivals

Diving and Swimming

MLC are the undisputed champions in the pool, this year outclassing the seven other Division One schools to win by over 130 points! Although they won each age group trophy by the smallest of margins (in fact they shared the Junior Age Group trophy with Lauriston), no-one could match their consistency across all year levels and they took the Trophy home for the eighth year running.

While MLC dominated the 50m pool, Firbank again took ownership of the Diving boards, winning their seventh Division One title. They also had the Junior age group trophy covered, but Strathcona's divers kept the pressure on the Firbank girls, winning the Senior silverware and sharing the Intermediate trophy with Firbank. Star of the Sea, Lauriston and St Catherine's Junior divers all performed well and we look forward to some great years of competition as these girls move through the GSV competition.

GSV would like to recognise those schools which have put great effort and resources into their Diving programs. Diving Victoria have been impressed with the development of the sport in the past eight years and now considers the GSV Finals Evening to be the premier school Diving competition in Victoria. You should be proud.

Schools that have focussed on developing their Swimming Programs should also be applauded. Special mention should be made of the Korowa swim team, who leapfrogged eight schools from 2007 to 2008 and recorded their best ever result, a 5th place in Division One. OLMC also deserves praise. Having improved last year to win the Division Three trophy, this year they went one better and broke into the Division Two Swimming Championship Carnival.

Ivanhoe's Junior Swimming squad showed the rest of their team how to swim and swim fast, winning the Division Two Junior age group trophy – their first ever Swimming trophy! Congratulations girls, and we hope your success spurs the team on to set their sights on a return to Division One Swimming.

Championship Swimming Results

	DIVISION 1	DIVISION 2	DIVISION 3
1st Place	MLC	Strathcona	Genazzano
2nd Place	Firbank	Tintern	Camberwell
3rd Place	Loreto	Melbourne	Sacré Coeur

Championship Diving Results

	DIVISION 1	DIVISION 2	DIVISION 3
1st Place	Firbank	Genazzano	Korowa
2nd Place	Strathcona	PLC	Camberwell
3rd Place	Star of the Sea	Melbourne	St Margaret's



Carnivals

Cross Country

Running: it is one of the quickest ways to get fit. It is inexpensive, requires no equipment (bar running shoes) and is a social way to exercise. And GSV girls are very good at it. Some are world class.

MLC's Sam Carberry and Grace Thek came 7th and 10th respectively in the individual event at the 2008 World Schools Cross Country Championships. The Ruyton team of Holly Aitken, Sarah Clements, Madeleine Cleeve-Gerkens, Camille Hudson, Emily Norris and Sophie Perry were 5th in the teams event.

So it comes as little surprise that Ruyton and MLC finished first and second in Division One at the GSV Cross Country Championship Carnival this year.

The Ruyton team was outstanding for the sixth year in a row. In Cross Country the points awarded to each school directly reflect their sixth best places across the line so the lower the score the better. Last year Ruyton achieved a GSV first by breaking under the 200 point barrier, but in 2008 went ever better to score just 175 points. Their Intermediates really outclassed the field, with all six point-scoring competitors across the line by 12th place. Ruyton's trophy cabinet will be bursting at the seams as they squeeze in all eight trophies – they won every age group and overall trophy in the Preliminary and Championship Carnivals.

Strathcona achieved their best ever result with an impressive 3rd place in Division One. Their team has done a great job to rebuild themselves, having competed in Division One from 2002 – 2004, before dropping back to Division Two for the past three years.

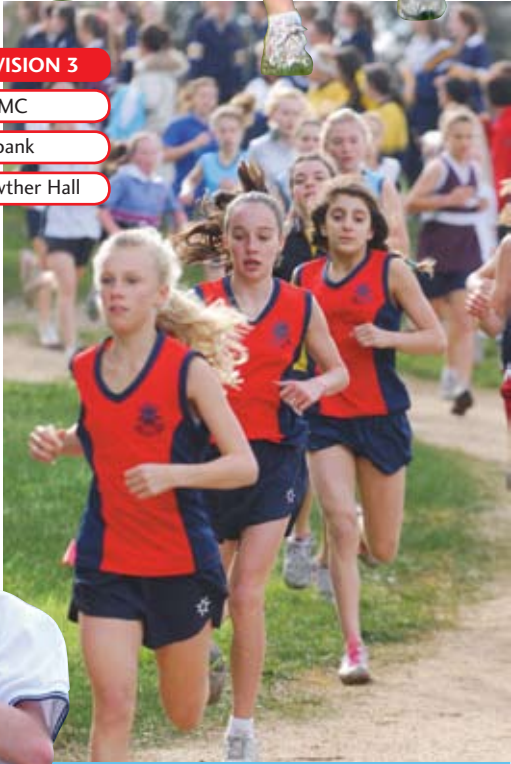
Tintern also leapt up the ladder with 2nd place in Division Two. Last year they were 1st in Division Three and are on their way back up having competed in Division One in GSV's formative years of 2001 and 2002.

St Margaret's is another success story with their Cross Country team qualifying for Division Two for the first time since GSV's inaugural year of 2001. It is terrific to see these schools rebuilding their running teams – getting girls out running contributes to their personal health as well as the health of the GSV Cross Country competition. Go girls!



Cross Country Aggregate Results

	DIVISION 1	DIVISION 2	DIVISION 3
1st Place	Ruyton	Camberwell	OLMC
2nd Place	MLC	Tintern	Firbank
3rd Place	Strathcona	St Catherine's	Lowther Hall



Carnivals

Track and Field

GSV athletes had more than usual to inspire them to perform at their very best – the season fell smack, bang in line with the 2008 Beijing Olympics. In fact, GSV's Preliminary 'C' Carnival was held on the 8th of the 8th, 2008, the day of the Olympic Opening Ceremony.

And while world class athletes were raising the bar in Beijing, our best athletes were performing PBs, breaking records and vying for a berth in the GSV Track and Field Finals Evening.

The similarities between the two competitions were eerie, right down to the weather. On the same day GSV stopped the Division 3 Championship Carnival at Olympic Park in Melbourne due to persistent rain, torrential downpours were causing delays to the Field events at the Bird's Nest, Beijing!

The Olympic events were reconvened later that day, but in GSV's case the Division 3 schools returned to Olympic Park the following week. GSV would like to thank the eight schools who shuffled their internal calendars to accommodate the rescheduled Carnival, but for the competitors it was well worth it – the second time around they enjoyed perfect weather to compete in.

The sun was definitely shining on Sacré Coeur who won Division Three by almost 100 points from OLMC, with Mentone and Korowa only three points apart in third and fourth. Five records were broken on the day.

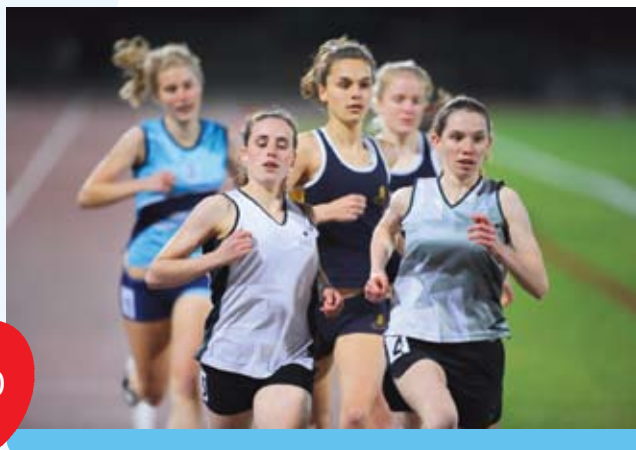
Loreto Mandeville Hall was also well ahead on the tally board in the Division Two Carnival to the more closely placed Toorak College, Ivanhoe and Genazzano.

Star of the Sea successfully defended its enviable record of winning every Division One Track and Field Carnival in GSV history, but MLC and Ruyton's athletes took it right up to Star and the gap between first and third was closer than it has ever been. The quality of performances by the top athletes was evident by the 13 records broken at the Division One Carnival!

The Finals Evening was the pinnacle of the GSV Track and Field season and competitors had to be at their best to be in the mix for a medal: another 13 records were broken! And while Star of the Sea's talented athletes were on the dais most often, there were moments for every school to shine, with all 24 schools celebrating a medallist on the night.

Track & Field Results

	DIVISION 1	DIVISION 2	DIVISION 3
1st Place	Star of the Sea	Loreto	Sacré Coeur
2nd Place	MLC	OLMC	Toorak
3rd Place	Ruyton	Mentone	Ivanhoe



Tournaments

Soccer

As Senior premiership holders, Star of the Sea represented GSV in the Senior All Schools Soccer Tournament. Unfortunately they went down in the first match of the round robin competition to St Monicas. But Star should take heart that St Monicas went on to win the Tournament.

MLC played in the Intermediate and Junior Tournament. Their Intermediates reached the Semi Finals but went down to Mentone Girls' Secondary College but their Junior team played their way into the Grand Final. It was hard fought between MLC and St Monicas (whose Senior team had defeated Star). The scores were tied at full time but we can be very proud that MLC won the match and the Tournament 3-1 in a penalty shootout.



Badminton

Firbank and Toorak College both competed in the Badminton All Schools Tournament held at MSAC in October. Firbank's Senior girls competed in the Premier Division as winners of the GSV Senior Badminton Premiership and Toorak entered their Intermediate Badminton team in the Premier Division and created a team of predominantly Junior girls for the Open Division. The Firbank girls competed with great enthusiasm and tremendous sportsmanship, and finished 5th after winning two of their six matches.

Toorak College's Premier team also won two of their six matches to narrowly beat Firbank into 4th place. Their Open team, however, were the strongest of all the GSV teams entered and won the Open competition after defeating five of the six schools they played against.

GSV Representative Netball Team

To be chosen to represent GSV was exciting and a great honour. Previously rivals, we were now on the same team.

We came together to meet a formidable opponent, the Queensland School Sport team. There was obvious pride in the eyes of all the girls who were picked to play for GSV. Wearing the uniform was a great thrill.

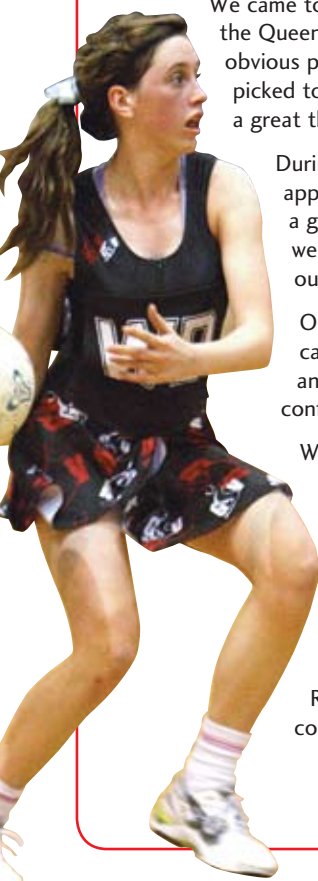
During our first practice match it was apparent our team needed to work hard as a group. We teamed better as each quarter went by but we still needed to unite in our effort.

Our coaching staff encouraged us but it cannot be underestimated that preparation and practice, in any endeavour, gives confidence and a common purpose.

When we played Queensland, we wore our colours with pride and enthusiasm, but they were just too good for us. We learnt valuable lessons. To match a powerful foe required everyone to 'march to one beat'.

GSV girls have talent, and with more time together the 2009 GSV Representative Netballers will be a cohesive and inspiring team.

Melissa Hutton, Captain 2008 GSV Representative Netball Team



Basketball

The Senior Basketball Tournament is a sporting highlight for girls in their final years of GSV competition. The Tournament is held across the end of Term 2 and the beginning of Term 3, before the demands of VCE reach their peak.

This year 24 teams from 16 schools entered the Tournament, and with only the top two schools from each venue (MSAC and Dandenong) progressing through to finals, the competition was fierce. Schools had to complete the preliminary rounds undefeated in order to qualify for the Finals.

At Finals time, MLC and Genazzano were the standout teams and, as was the case last year, it went down to the last round to separate them. The 2008 match result was as close as, but the reverse of the 2007 result, with Genazzano finally triumphing over MLC and taking home their first A grade Tournament pennant since 2003. MLC were not empty-handed though, having already won the B grade competition.



GSV Skills Development Program

2008 Golf Event

Both past and present students are invited to compete in GSV's Stableford Golf event held at the beginning of each year. This year GSV ran an eighteen-hole event at the Metropolitan Golf Club and a nine-hole event next door at Huntingdale Golf Club. Presentations for both competitions were held at Huntingdale.

Toorak College's second team were victorious in the nine hole event with a combined score of 85 Stableford points, while PLC took home the honours in the eighteen hole competition with 146 Stableford points.



Cycle Sport

Track Cycling was a new and exciting sport skills program this year. CycleSport Victoria provided the girls with track bikes, and taught them a few tricks to riding a fixed wheeled bike with no brakes, on a velodrome at the Darebin International Sports Centre. Despite the technical skill required to master riding on a 43 degree slope, there were only a few spills and the girls discovered the exhilaration of track cycling. Several girls showed a real talent for the sport and are now exploring pathways into club cycling. Thanks to Rhys Walczak from CycleSport Victoria who coordinated the program, and David James who coached the girls on the day.



Surf League

The GSV Surf League Skills Program continues to be the most popular of all the sports skills programs. Over 170 girls took advantage of the opportunity to hone their board paddling, surf swim, beach flags and beach sprint skills in the lead up to competing at the Victorian Schools Surf League competition. Held in the Saturday twilight at South Melbourne beach, it is little wonder they are so popular. Where else would you want to be in summer?





AFL

Who said AFL wasn't a girls sport! This year the GSV AFL skills program attracted over 40 girls wanting to develop their skills in this iconic 'Aussie' sport. The program ran for five weeks, with the girls learning a variety of skills from kicking and handballing, to marking and tackling.

The last day of the program always concludes with a round robin of games. This year there were three teams: Lowther Hall, Tintern and the GSV Dream Team which was a mixture of girls from several GSV schools. The girls fought it out and proved to themselves and the spectators that girls really can play Australian Football. Each team was determined to win, but in the end the girls from Lowther Hall were the stronger team on the day. I love playing AFL as much as I love watching it.

Alex Saundry, Loreto Mandeville Hall



Golf

The Golf Skills program is in its sixth year, and in that time hundreds of girls have enjoyed developing their skills in driving, pitching and putting as well as learning the important aspects of course etiquette. The most popular aspects of the program are the parent/daughter golf days, this year held at one of the best public Golf courses in Melbourne, Ivanhoe Golf Course. It is a delight to see the girls, many of them in Year 7 and 8, playing Golf with their Mum, Dad, Grandparent or Uncle/Aunt, and we hope these events inspire them to keep playing with family and friends.

GSV also holds a nine-hole Ambrose event at the end of the year for girls who want to test their skills in relaxed competition conditions.



Fencing

The Fencing program is now in its fourth year and this year the girls learnt the skills of using the weapon known as the 'Epee'. This weapon is derived from the Rapier and is considered by Fencing experts to allow the truest style as the target includes the whole body rather than part thereof, and points are awarded to the person who hits first rather than where the hit is made. In previous years the girls have learnt Fencing using a Foil and a Sabre. Each year Fencing Victoria's Maitre Julien Mouchet provides something different for the students to master, and he continues to captivate them with his skill and delightfully humorous teaching style.



Year 7 Sports Expos

The Year 7 Sports Expos are held across three days as part of Health and Physical Education Week and is of the most fun-filled events on the GSV calendar. Without the pressures of competition, over 1,000 girls giggle their way through a variety of sports from the traditional to the obscure – many of which they may not ever have had the chance to try before. The emphasis is definitely on fun and getting the girls to enjoy being physically active. This year Archery and Bocce were added to the list of 27 sports on offer.



Year 8 Ball Skills Festival

The Year 8 Balls Skills Festival runs along similar lines to the Year 7 Expo, with one exception: Fun Football. These guys really know how to get 13 and 14 year-olds to enjoy ball sports, utilising their crazy, oversized equipment to help improve their ball handling skills. The girls literally 'have a ball' negotiating their way through giant obstacle courses, and playing with inflatable sticks and balls! In the afternoon the girls put their new-found passion for ball sports to good use, and practice handling more traditional balls with the help of development officers from sports such as Cricket, Basketball and Football.



KEA FACTORY OUTLET

3/161 Princes Highway
Hallam Victoria 3803
Tel: 03 97963766
Hours: Monday - Friday 10.00-3pm
www.kea-sports.com

KEA



**TAKE YOUR SPORT APPAREL
TO THE NEXT LEVEL**

**MAKE A STATEMENT AND
CREATE AN IMAGE WITH**

KEA DESIGNER SPORTSWEAR

SPORT • COMFORT • QUALITY • INNOVATION • FUNCTION • STYLE

Kea Designer Sportswear specialise in designing and developing co-ordinated uniforms for schools, clubs and corporates. Contact our sales executives and find out what we can do for you.

