



GIRLS SPORT VICTORIA

Volume 2

GIRLS SPORT VICTORIA



Camberwell Girls Grammar
Fintona Girls' School
Firbank Grammar School
Genazzano FCJ College
Ivanhoe Girls' Grammar School
Kilvington Girls' Grammar
Korowa Anglican Girls' School
Lauriston Girls' School

Loreto Mandeville Hall
Lowther Hall Anglican Grammar
Melbourne Girls Grammar
Mentone Girls' Grammar
Methodist Ladies' College
Our Lady of Mercy College
Presbyterian Ladies' College
Ruyton Girls' School

Sacré Coeur
St. Catherine's School
St Margaret's School
Shelford Anglican Girls' School
Star of the Sea College
Strathcona Baptist Girls Grammar
Tintern Girls Grammar School
Toorak College



GIRLS SPORT VICTORIA

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Published by:

Ennis & Jarrett, November 2002

Photographs were provided by KIDS KLIX and participating schools.

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From the Editor

That sport is today an important part of our society is obvious and the reasons for this are not hard to find. As I read this second GSV annual magazine, I notice that each of the articles reveals some of the ways in which sport shapes both participants and supporters. There are constant references to teamwork, skill acquisition, commitment and school spirit. Further, there are other references, just as pleasing, to qualities such as loyalty, discipline, the value of friendship, the capacity to appreciate the talents and success of others and the satisfaction and enjoyment that is derived from being involved in sport. GSV clearly offers something positive to all who choose to challenge themselves, to work as a team and who take pride in representing their schools. Congratulations to all who continue to work so effectively for Girls Sport Victoria.

Pat Fitzgerald



Cheerleading

As sport increasingly becomes a part of school life, students are creating new ways to get involved. For some students, this has meant developing Cheerleading Squads to combine dance, aerobics and fitness in a non-competitive and enjoyable activity. Cheerleading provides the chance to get involved in an entirely new type of sport. Working as part of a team provides the opportunity to forge new networks and friendships, build team spirit and enjoy the non-competitive benefits of sport as part of a supportive group. It is fantastic to watch girls proactively initiate new means of participation within their schools and find their own sporting niche.





GIRLS SPORT VICTORIA

Presidents' Reports

It has been a wonderful year for GSV, with new challenges and new developments in this our second year of operation. In 2001, our efforts were largely directed towards establishing our sports schedule. 2002 has been a year of consolidation. With two years' experience now, we have more confidence than ever that the GSV dream is indeed a viable as well as a worthy one.

We have enjoyed a very busy GSV calendar, with the schedule including the Golf Tournament at Metropolitan Golf Club, the Swimming and Diving Carnivals held at Melbourne Sports and Aquatic Centre, Cross Country Carnivals held at Yarra Bend Park and Bundoora Park, Track and Field Carnivals held at Olympic Park, and a senior Basketball Tournament. The Term 1 sports programme included Softball, Tennis and Indoor Cricket, with Netball, Hockey and Waterpolo in the Term 2 schedule and Volleyball, Badminton and Soccer in Term 3. One of the very exciting initiatives for 2002 was the introduction of Finals events in our weekly sport programme. Meanwhile, the Saturday Sport programme, which was such an important aspect of the founding vision for GSV, grows in strength and, in 2002, involved Surf League, Golf, and Australian Rules Football.

The Principals of the twenty-four GSV schools continue to work with energy, enthusiasm and wholehearted commitment to the growth and development of our still fledgling GSV organisation. At the GSV management level, our efforts in 2002 have focussed on the development of a GSV uniform concept (for national and international events!), the establishment of the GSV website to facilitate information and communication of our programme and achievements and the design and production of GSV awards, including pennants, certificates and trophies.

Congratulations to students, staff, coaches and assistants who have participated in the programme in 2002. Many thanks to our GSV Office team, under the sterling leadership of our Executive Officer, Ms Meredith Prime. Together they do a truly wonderful job in delivering a high quality programme characterised by professionalism in its management, reliability in its operation and unfailing optimism in its planning for the future and growth of the GSV programme. On behalf of our twenty-four school communities, many thanks also to the Principals whose commitment to GSV is the very bedrock on which the success of the GSV is grounded and its ongoing development assured.

(Dr) Anne Hunt
President 2001 - 2002

What an exciting year this has been as we have seen Girls Sport Victoria grow in strength. GSV has offered increased opportunities for participation, allowing students from different schools to compete with one another in an atmosphere of friendly rivalry. There have been some outstanding sporting achievements and the level of competition has been high – yet still inclusive of students of varying abilities. The atmosphere and spirit of the carnivals has shown something of the peer friendships that have developed. Most importantly, though, has been the support that has emerged firstly for one another as schools and secondly for our athletes as we all develop our own potentials.

(Ms) Rosa Storelli
President 2002

"It is my belief that sports can open doors to life. It gives us skills, such as cooperation and teamwork, but also teaches us about ourselves. It enables us to push our boundaries, move out of our comfort zone and try new things."

Mel, Loreto



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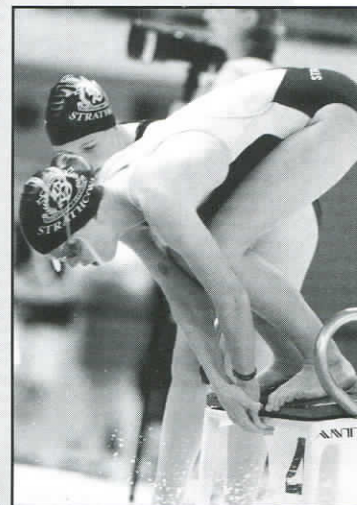
"Participating in sport not only helps to develop fitness and health but also helps build self-confidence and the sense of co-operation within a team."

Katerina James
School Sports Captain, Fintona



"Participating in sport provides the opportunity to assist students in a range of year levels and to develop skills within a team environment."

Georgia Plafadellis
School Sports Captain, Camberwell



Friendship



"The main benefit of participating in sport has been the development of my self-confidence and the realisation that there are many ways to tackle challenges that may arise."

Kate Dawson
Sports Captain, Firbank

"Sport can enable you to gain a sense of fulfilment and social enjoyment and helps to sustain fitness and well being."

Siobhan Moran
Sports Captain, Genazzano

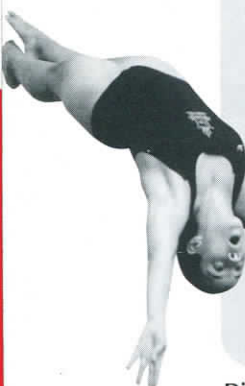


Swimming and Diving Carnivals

The first major GSV carnival for 2002 was the Swimming and Diving Carnival held in March. After "Personal Best" meets, the twenty-four GSV schools were organised into three Preliminary Carnivals. The results of these carnivals determined the division in which schools would participate in the Championship Carnivals. The Diving and Swimming competitions were held simultaneously and the standard of competition was very high. The atmosphere in the Melbourne Sports and Aquatics Centre was electric with spectators showing their full support for participants. Congratulations to all those students who participated and to the coaches who also devoted a great deal of time and effort to ensure their students realised their full capabilities during competition.

Two divers from each school competed in the Junior, Intermediate and Senior divisions. Divers completed three dives and impressed judges from the Victorian Diving Association (VDA) with their grace and technical expertise. Students were awarded ribbons for Places one, two and three and contributed to their school's overall points score. Well done to all students who competed in the Diving Carnival and thank you to officials from the VDA for your assistance at the carnivals.

Some outstanding performances were seen in the pool during the Swimming Carnivals with thirty-one records broken. Cheerleading squads and spectators encouraged students to perform to their best with the relays providing much excitement for the crowd. Congratulations to all students on your efforts and thank you to the Victorian Swimming Association for your assistance with the Carnivals.



Diving Results - Overall

	Division 1	Division 2	Division 3
1st Place	MLC	Korowa	Loreto
2nd Place	Firbank	Toorak	Lauriston
3rd Place	Ruyton	St Catherine's	Shelford

Swimming Results - Overall

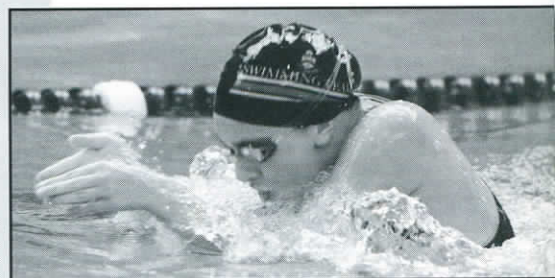
	Division 1	Division 2	Division 3
1st Place	MLC	Ivanhoe	Camberwell
2nd Place	Firbank	Korowa	Sacré Coeur
3rd Place	Lauriston	St Catherine's	OLMC

All Schools Swimming Championships

Thirty-three students from GSV schools were chosen from nominations to represent Girls Sport Victoria in the Victorian All Schools Swimming Championships held in April. All students performed exceptionally well and are to be commended for their achievements.

Following the All Schools Swimming Championships several students were selected for the VSSSA (Victorian Secondary Schools' Sports Association) team to compete in the School Sport Australia National Championships in Darwin. Congratulations to the following students for their achievements in the pool.

Ruyton	Rebecca Rocchi
St Margaret's	Sarah Byron
Mentone	Jacqueline Archer, Sarah Sutherland Tomy
Toorak	Rosie Stahel
Star of the Sea	Jodie Reynolds
Genazzano	Belinda Parslow, Stephanie Lennon
Firbank	Lauren McClymont, Louise Fairbairn
Ivanhoe	Brianna Hillard
MLC	Mel Glasson, Jane Cheatley, Josie Wilson, Amelia Tregear



Unrelenting Effort

A groan and a stretch are the only responses as the alarm clock rudely awakens the sleeping girl in the dark hours of the morning. Barely stirring from her slumber, she pulls on her green pants and running shoes and reluctantly prepares to brave the cold morning air. At school before many have even opened their eyes, she goes through the motions - warm-ups, stretches, weights, drills - and often wonders why she continually makes the effort. And yet, when she feels herself break through the pain barrier, sustain a 'running joke' with team-mates, or fulfil a long-held personal goal, she knows the effort has been worth it: she has gained worthwhile experience and friendship from participation.

This everyday occurrence is a commonality to many MLC girls who have participated in GSV sport this year. Whether involved in Swimming, Cross Country or Badminton, the unrelenting effort of each sportswoman has contributed to the success of MLC as a whole. The continuing support and commitment maintained by the attendance of non-competitors and coaches have greatly contributed to team morale and success.

Bridie, MLC

Endeavour



"Dream, believe, create, succeed."

Kate Pratt
School Sports Captains, Ivanhoe

"Benefits of participating in sport are fitness, health, strength and socialising but most of all fun."

Georgie Boehm
School Sports Captain, Kilvington





"Sport gives you the opportunity to aim high, to pursue your goals and to have a great time."

Lucy Don
Sports Captain, Korowa

"Being involved in sport allows me to set and realise goals, to obtain a high level of fitness and to foster friendships throughout the school."

Holly Sheer
Sports Captain, Lauriston



Cross Country Carnivals

Students were able to participate in three Cross Country meets. Training meets encouraged skill development and practice and were followed by three preliminary carnivals held at Yarra Bend Park. Students braved the cold and rain to compete for places in the three divisions in each age category of the Championship Carnivals at Bundoora Park. Juniors completed a three-kilometre course whilst the Intermediates and Seniors course was four-kilometres. The sight of two hundred and forty students assembled at the start line was most encouraging and brought the crowd alive. All competitors handled the course extremely well and are to be congratulated!



Age Group Champions

Junior

	Name	School
1st Place	Dani Dias	Lauriston
2nd Place	Bridie O'Shannessy	Star of the Sea
3rd Place	Imogen Russell	Loreto

Intermediate

	Name	School
1st Place	Hayley Tomlinson	Fintona
2nd Place	Fiona Nash	MLC
3rd Place	Alice Baquie	Genazzano

Senior

	Name	School
1st Place	Kim Crow	Ruyton
2nd Place	Kristine Banks-Smith	Melbourne
3rd Place	Claire Fritze	Tintern

Grand Aggregate

	Division 1	Division 2	Division 3
1st Place	Melbourne	Genazzano	Shelford
2nd Place	MLC	St Catherine's	Loreto
3rd Place	Ruyton	Star of the Sea	Fintona

Champions again!

Congratulations to Melbourne Girls Grammar Cross Country team for again winning the GSV Cross Country Championship! The team - Alex, Steph, Kristine, Courtney and Emily - are the Cross Country Relays Champions, Road Relays Champions, State U20 Champions and also comprise the VSSA State team. Their success results partly from the fact they all enjoy their running and work so well as a team. Well done on your achievements this year!



Track and Field Carnivals

The Term 3 Track and Field comprised a series of carnivals with teams participating from all over Melbourne coming together to do battle around the track. Results from three Preliminary Competitions placed schools in a Division Championship Carnival, giving athletes the chance to develop their experience in competition progressively. It also created an electric atmosphere at Olympic Park as supporters cheered on their schools in several close finals finishes.

Thanks to the host schools for ensuring that all six days ran smoothly. In keeping with the sporting-like atmosphere, rivals were even spotted sharing umbrellas! Congratulations to the winners of their divisions.

	Division 1	Division 2	Division 3
1st Place	Star of the Sea	Ivanhoe	Sacré Coeur
2nd Place	St Catherine's	MLC	PLC
3rd Place	Ruyton	Strathcona	Shelford

Star Athletes

Athletics at Star of the Sea continues to enjoy unparalleled success and popularity with Star this year claiming back-to-back GSV Division 1 Athletic Championships. "Why so successful?" "Why so popular?" are two frequently asked questions. The answers are apparently 'trade' secrets but we know that it has not always been like that. Over the past 5 years the culture has changed. Students are now continually

motivated to produce personal bests when it counts. Their focus and determination continue to be the driving force behind such a successful program. Congratulations, Star Athletic Team!

Dean Rossato
Sports Co-ordinator

Hard Work and Team Spirit

"I began training early in the year, soon realizing there was no greater reward than the sense of achievement following a run. What I love is the support of my team-mates and knowing that I can always improve. Cross Country is a great team sport and a fantastic way to keep fit." Renee, OLMC



"Sport teaches valuable life skills such as teamwork, co-operation and leadership."

Melanie Dalheimer
School Sports Captain, Loreto

"Participating in sport provides the benefits of having a healthy body and mind, having fun and forming strong friendships."

Chanelle Black
School Captain, Lowther Hall





"By participating in sport, one has the opportunities to learn new skills, make friends from a broad spectrum whilst gaining fitness and keeping healthy at the same time."
 Harriet Morgan
 Sports Captain, Melbourne

Outstanding Impact

A survey was circulated to the 24 member schools to ascertain the impact of GSV on the schools and their students.

There were many positive outcomes identified with some areas requiring further review.

Increased Involvement

Probably the most discernible benefit was a very strong increase in the participation of students. Some schools saw this increase as due to the wider range of sports being offered, coupled with the introduction of the more non-traditional sports for girls, such as Soccer and Cricket.

Other schools were simply able to enter more teams, creating extra opportunities for girls.

Higher Profile

An overwhelming number of schools highlighted the development of a much stronger profile for girls' sport through GSV. With the employment of coaches, badged umpires and the use of top sporting venues, it became clear that "the bar had been raised" in girls' sport. The publication in newspapers of the GSV results further reinforced the valuing of girls' sporting achievements.

Skill Development

Also evident through the survey results was an awareness of a highly professional approach towards skill development and team building. As one school noted, "the girls take both preparation and competition much more seriously".

Student Satisfaction

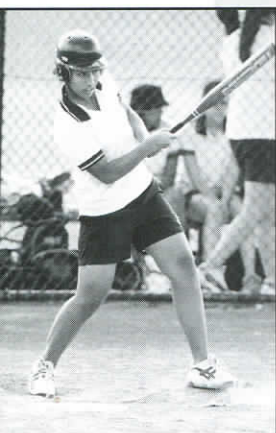
Belonging to a larger, highly professional organisation is clearly a bonus for the students. Schools reported an increase in student pride and satisfaction as they competed against a range of schools, each striving to achieve its best.

"Just being part of a team gives you the opportunity to experience school spirit, enthusiasm, encouragement, dedication and commitment. Success is something that flows naturally from these experiences and the feeling is priceless."

Shannyn, Genazzano.

"Girls Sport Victoria has provided a competitive and well organised dimension to girls' sport. The opportunities are greater and the appreciation of women in sport is more evident."

Courtney, Melbourne



Exceptional Achievements

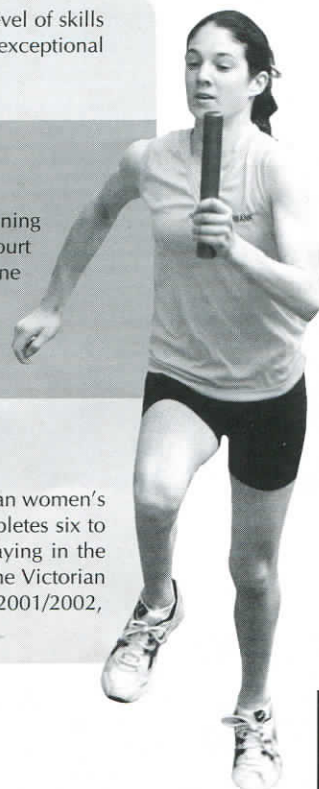
All students should be proud of their achievements this year in sport. Not only have we seen a high level of skills and sporting behaviour displayed throughout the GSV competitions, but some students have achieved exceptional levels in their chosen sport.

Catherine Louis Genazzano, Tennis

Catherine would one day like to play at each of the Grand Slam Tennis Tournaments, hopefully winning one. To date, she has won the U15 NSW Country Championships (2000), the U16 Australian Hardcourt and Australian Grasscourt lead-in doubles, the U16 NSW State finals (2001) and was the number one player in the 2002 Victorian Pizzey Cup Team. Catherine has been selected in the 2002 Australian schoolboys and schoolgirls Merit Team and played in the Genazzano school team, winning the GSV competition.

Victoria Brown Lauriston, Waterpolo

Victoria was first introduced to the sport through her coach, Jeanette Gunn, the manager of the Australian women's team. She hopes to represent Australia and ultimately compete in the Olympics. Each week she completes six to twelve training sessions of swimming, ball skills, leg-work and drills. She has been rewarded by playing in the National Championships in the Victorian U17 Waterpolo team 2001 and both the Victorian U20 and the Victorian Club Waterpolo team in 2002. Victoria also toured America in the Australian U17 Waterpolo team 2001/2002, receiving an award for the most outstanding goalkeeper in the 2002 Commerce Cup.



"This year I have immensely enjoyed all my sporting experiences, whilst also developing essential leadership qualities."
 Jenna Follett
 Sports Captain, Mentone



Achievement



"I think the best thing about being involved in sports at school is that everyone is given the opportunity to participate, no matter what their skill level is."
 Bridie Devlin-Glass
 Sports Captain, OLMC

Belinda Pacella
 OLMC, Soccer

Belinda has played Soccer for four years, gaining inspiration from Zidane (French player) and Mia Hamm, member of the USA women's soccer team. She hopes, one day, to play for Australia. Belinda trains up to five days a week with the V.I.S. with fitness and gym sessions and the fitball program. She was a member of the U17 Victorian State team 2000-2001 (Captain 2001), Victorian Schoolgirls Team 2000-2001 (Captain 2001) and the Victorian Vision Senior Squad 2001-2002. Belinda hopes to play Soccer for many years and to coach a squad in the future.



Kimberley Crow
 Ruyton, Athletics

Kimberley has been running since she was eight years old, graduating from her Little Athletics days to a training schedule of five sessions per week. She has had great success in the 400 metres and 400 metre hurdles, winning the U18 400 metre hurdles in the Australian All Schools 2001, placing second in the 400 metre hurdles at the World Youth Championships in Hungary 2001 and winning gold in the U18 400 metres and U20 400 metre hurdles at the Australian Championships this year. Kimberley aims to win a medal at the World Junior Championships in Grosseto in 2004, participate in the 2006 Commonwealth and 2008 Olympic Games and hopes eventually to run under two minutes in the 800 metres.

Amy Cockerton
 Sacré Coeur, Swimming

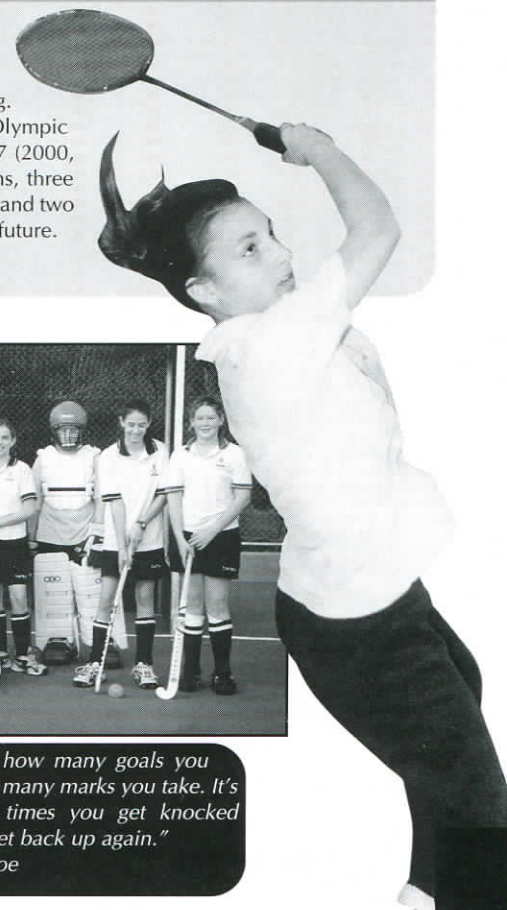
Amy has been swimming competitively for four years and has five morning and five afternoon training sessions, including swimming and gym work each week. In 2001, Amy won the 50 metre backstroke in her age group in the All Schools Competition in Perth and this year made the Open semi-final in the 50 metre backstroke at the Nationals, receiving her first National (Age) medal, bronze, in a team relay. She is a member of the V.I.S. and aims to make the final of the Open 50 metres backstroke in the 2003 Nationals.

Sarah Byron
 St Margaret's, Diving

Sarah followed her brother into Diving and has been involved in the sport for seven years. Her weekly training schedule involves two morning sessions and four evening sessions. Sarah has been very successful in Diving, winning three national gold medals, three national silver medals and three national bronze medals. This year, Sarah was named "National Age Championships Diver of the Year". In the future, Sarah hopes to perform well at the Nationals and to compete in the World Junior Championships, Commonwealth and Olympic Games.

Chloe Henderson
 Tintern, Waterpolo

Chloe was attracted to Waterpolo because it is a mixture of both ball sports and swimming. She gains inspiration from Joanne Fox, the only female Victorian waterpolo player in the Olympic team. Chloe has been a member of Victorian teams since 1999 – U14 (1999,2000), U17 (2000, 2001, 2002) and U20 (2002). She has a full training schedule of four swimming sessions, three waterpolo sessions and two games during the week with three state team training sessions and two club waterpolo sessions on the weekend. Chloe aims to make an Australian team in the future.



"Participating in sport provides health benefits, team spirit, friendship, school spirit and leadership opportunities."
 Kate Doyle
 Sports Captain, OLMC

"It's not how many goals you kick or how many marks you take. It's how many times you get knocked down and get back up again."
 Sam, Ivanhoe





"Benefits of participating in sport are meeting new friends, having a healthy body and feeling strong and in control."

Fiona McLaren
Sports Captain, PLC

"Having fun with a group of girls is certainly a benefit I gain from participating in sport, along with general fitness and well being."

Rachel McPherson
Sports Captain, Ruyton



Term 1 Weekly Sport

Term 1 saw all schools involved in the Tennis and Softball competitions with Indoor Cricket an optional sport for juniors and intermediates. Schools competed in four zones with the winners of each zone competing in the finals. The semi-finals and grand final for the Tennis and Softball were held on the same day at the Melbourne Tennis Centre and Waverley Softball diamonds at Jells Park.

The students enjoyed competing at such high quality venues and are to be commended for the sporting behaviour displayed throughout the finals.

Finals Results

	Senior A	Senior B	Intermediate A	Intermediate B	Junior A	Junior B
Softball	Toorak		Shelford	Firbank	Star of the Sea	Star of the Sea
Tennis	Genazzano	MLC	Star of the Sea	Strathcona	Melbourne Star of the Sea	OLMC
Indoor Cricket			Lauriston		Kilvington	

Term 2 Weekly Sport

Hockey and Netball competitions were organised for Term 2 with an Open Waterpolo competition optional for all schools. A Grade Hockey matches were played on synthetic turf and officiated by accredited referees and the junior Netball matches were played at four central locations. Finals for both the Netball and Hockey were conducted at the State Netball and Hockey Centre allowing the students the opportunity to play at top grade facilities. Congratulations to all students on the manner in which the finals were played and the high quality skills shown throughout the matches.

Finals Results

	Senior A	Senior B	Intermediate A	Intermediate B	Intermediate C	Junior A	Junior B	Junior C	Junior D
Netball	MLC	Star of the Sea	OLMC	Star of the Sea	Star of the Sea	Star of the Sea	Star of the Sea	Star of the Sea	Star of the Sea
Hockey	Mentone		Melbourne	Melbourne		MLC			
	Division 1		Division 2						
Open Waterpolo	Korowa		Lauriston						



Teamwork

Water Polo

Korowa's success in winning the inaugural GSV Water Polo competition in 2002 has been the culmination of many years of training and dedication by a small group of students and their parents.

Jeanette Gunn, the Co-ordinator of the original competition and a Lauriston staff member, was the driving force behind Korowa's introduction to the sport. Our swimmers were keen to keep themselves fit during the "off season" and Jeanette was keen to introduce Water Polo to a wider student body. The rest is history!

Korowa's team is trained by Larissa Webster, School Captain 2000, who has represented Victoria and Australia in junior Water Polo teams and whose two sisters, Stephanie and Rowena, are current members of the team. Several team members have also represented Victoria in National competitions and the sport is booming at Korowa, following on from Australia's Gold Medal in the 2000 Olympic Games in Sydney.

Wendy Millar – Director of Sport, Korowa



"As Sports Captain I have been able to encourage the younger girls at my school to participate in sport thus improving participation rates in sport and increasing school spirit."

Katherine Mahony
Sports Captain, Sacré Coeur

"Sport, as well as keeping you fit and feeling healthy, allows you time away from school work to have fun and relax doing something you enjoy."

Hayley Cornish
Sports Captain, Shelford





"The benefits of participating in sport are improving health and well being, the stress release, social outlet, being part of a team and forming friendships."
Jane Willersdorf
Sports Captain, St Catherine's

"Participation in sport allows students to maintain fitness and achieve their own personal best while socialising with peers and having fun."
Anna Reddie
Sports Captain, St Margaret's



Basketball Tournament

A senior Basketball tournament was held in June at the Melbourne Sports and Aquatic Centre and at Waverley Basketball Centre for all schools wishing to participate. The competition was a round robin format with the top four teams proceeding through to the finals. All girls showed great skill and stamina in their four games and enjoyed the high level of competition on offer. Well done to all participants. Congratulations to Genazzano who succeeded in winning the A Grade final and to MLC who were victorious in B Grade. Genazzano, representing GSV in the Basketball Victoria Champion School of Victoria, were victorious in the final and will now proceed to the Basketball Australia National Schools Tournament.

A Grade Finals results

Grand Final	Genazzano 50 def Ivanhoe 26
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B Grade Finals results

Grand Final	MLC 43 def Strathcona 27
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"GSV is a program designed to show that playing sport is not just about winning but also about having fun."
Tessa, OLMC

Golf Tournament

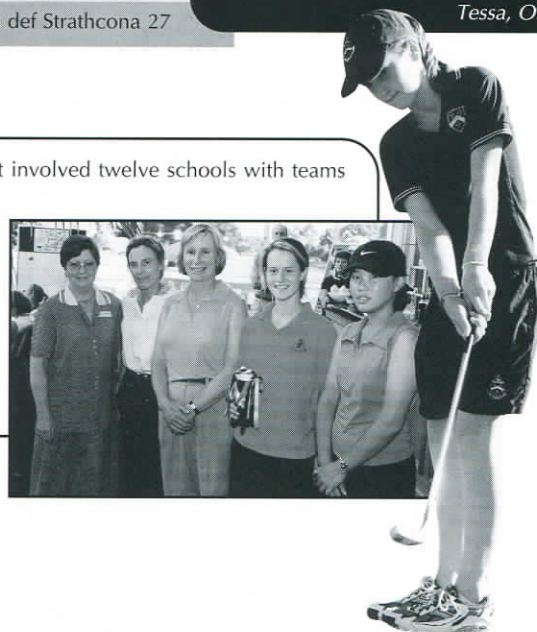
The 2002 GSV Golf event was played at the Metropolitan Golf Club in February. This event involved twelve schools with teams consisting of both current and former students. The tournament provided a wonderful opportunity for all to meet and exchange golfing tips. The event was a modified stableford competition played over nine holes. All competitors enjoyed the afternoon and were impressed by the facilities provided.

GSV would like to thank the Metropolitan Golf Club for providing the use of their golf course for our tournament. Women's Golf Victoria was also instrumental in the success of the tournament and is to be congratulated for their input.

Congratulations to all competitors!

Results

	Team Results	Former Students	Students with Golf Handicaps	Students without Golf Handicaps
1st Place	Toorak	Judy Onto Korowa	Lauren Forster Shelford	Jessica Young PLC
2nd Place	PLC	Eileen Crewe Melbourne	Michelle Hui Toorak	Elizabeth Reid Melbourne
3rd Place	Lauriston	Jenny Tillbrook Toorak	Felicity Whelan Loreto	Caroline Stawell St Catherine's



Term 3 Sport

Term 3 Sport offers students the chance to participate in Soccer, Volleyball and Badminton. Schools' inclusion in the draw is voluntary – this means that all of our competitors are

committed enough to withstand the winter weather! GSV was thrilled to see such a strong interest in Soccer – several schools even initiated unofficial matches

to cater for demand. This year saw an increased number of schools and teams participating, indicating that students are embracing the chance to make weekly sport an exciting and dynamic part of their lives.

The finals saw the best of each zone meet head-to-head, with many close matches resulting. Thanks go to all the school staff for their help in hosting the home and away games.



	Senior A	Intermediate A	Intermediate B	Junior A	Junior B
Volleyball	Toorak	Star of the Sea St Margaret's & Shelford (draw)	Star of the Sea	Star of the Sea	Star of the Sea
Soccer	Ivanhoe	Star of the Sea		OLMC	
Badminton	PLC Team 1	PLC Team 1		PLC Team 1	



"Being involved in team sports in particular is a great opportunity to socialise and make friends whilst aspects such as teamwork, self-motivation and leadership are promoted."
Amy Gardner
School Sports Captain, Strathcona

"As Sports Captain I have enjoyed seeing the increase in enthusiasm and participation in school sport and spirit throughout the year."
Gemma Dillon
Sports Captain, Star of the Sea





"Participating in sport provides the opportunity to meet and become friends with people of similar interests and allows individuals to gain their own personal achievements."

*Kathryn Reismanis and Nat Shaw
Sports Captains, Tintern*

Saturday Sport Program

The philosophy of the GSV Saturday Sport program is to "provide sport education opportunities in less traditional school sports".

GSV was delighted to continue its partnerships with Women's Golf Victoria, Surf Life Saving Victoria and the Football Victoria Development Foundation in the provision of professional tuition and modified competitions throughout 2002.

Golf:

This program, offering both professional tuition and competitions, was open to Year 9 - 12 players of mixed abilities. Beginners were welcomed. Girls learnt to play golf, built friendships and sampled competition in an enjoyable, non-threatening environment. More than 35 students participated and their evaluations were most positive.

Student: "Instructors were really good and seemed genuinely interested in the development of our game".

Parent: "Activities were very focused, appropriate for skill and age level".



Aussie Rules Football:

The Football Victoria Development Foundation conducted this program for Years 8 - 11 students. It was designed to teach girls how to play the sport and sample competition in an enjoyable and friendly environment. The package offered seven weeks of pre-game clinics, fun competition and finals. Once again the girls were given the opportunity to play a half-time exhibition game at the VFL grand final.

Student comments:

"I've always loved footy but had never been given a chance to play until now", "Fantastic and fun", "Coaches were really lovely and took you aside and helped you if needed".

Additionally, forty girls played a half-time exhibition game at the VFL semi finals at TEC Oval, Port Melbourne, whilst the Melbourne Girls Grammar teams played at the VWFL finals day. These opportunities were provided through VFDF and the VWFL.

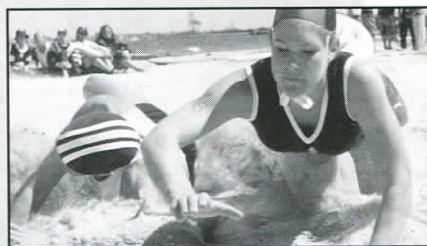
GSV is grateful for the continuing support of Andrea McColl (Women's Golf Victoria), David Morgan (Surf Lifesaving Victoria), Anton Grbac, Steve Teakel and Naomi Burridge (Football Victoria Development Foundation) for providing and implementing their respective programs. Appreciation is extended also to the schools and community venues that hosted the sports.



We look forward to introducing Taekwondo (Melbourne Taekwondo Centre) and Triathlon (Triathlon Victoria) to the Saturday Sport Program in 2003.

*Jenny Burgess
Project Officer*

*"GSV gives many girls the opportunity to try different things, discover new talents in sports and improve their fitness."
Poppy, Lowther Hall.*



Enjoyment

A Passion for Netball

Jennifer McIntyre has been involved in Netball since she was in Grade 3, developing into a highly skilled and competitive player in the Centre and Wing Attack positions. She enjoys the benefits of fitness, travel, friendships and team spirit gained from netball.

She has played State League since 1988 - with Vic. Churches (1988-1993 & 1996-2000), VUT (1994-1995), and Melbourne Central (2001-2002) culminating in a Grand Final win this year. Jenni has also played Indoor Netball since 1995, captaining her side since 1997. She has been a member of the Australian Indoor Netball team since 1995, was vice captain for four years and captain this year. She has recently returned from a tour of South Africa in which the Australian team was victorious against teams from South Africa and England.

Her outstanding netball career has also included winning the Nationals every year since 1998. Jenni is hoping this success will continue this year, making her team the most successful ladies' team ever. In the future, Jenni would like to win back-to-back Premierships in the State League and go to the World Cup in New Zealand.

As Director of Sport at PLC, Jenni uses her skills and expertise to inspire students in sport. Jenni is an outstanding role model and students aspiring to the top level of Netball can gain much from her knowledge and experience. She advises anyone wanting to excel in Netball to play all positions early in her career.

"I see sport as creating a lifestyle, a solid beginning in which so many lessons are learnt. It stands as a teacher in health, structure, friendships and most of all self-confidence."

*Charlotte Wilson
Games Captain, Toorak College*



Activities offered:

BADMINTON
BASEBALL
BODY ATTACK
BODY COMBAT
BODY JAM
BODY BALANCE
BOXING
CIRCUIT CLASS
CYCLING
CRICKET
FENCING
FLAG RUGBY
FOOTBALL
GOLF
HANDBALL
JUMP ROPE FOR HEART
LACROSSE
LAWN BOWLS
RACQUETBALL
SOCCER
SPINNING
SURF LIFESAVING
SWISS BALL
TAEKWONDO
VOLLEYBALL
WATERPOLO
WEIGHTLIFTING

1000 Year 7 Students attend EXPO

The aim of the Girls Sport Victoria Expo was to create a relationship between schools and local and state sporting associations. The day's activities allowed students to participate in three sports conducted by development officers or officials from local clubs.

Girls Sport Victoria sought the support of State sporting associations to provide quality sporting experiences for the participants.

Coaches provided students with knowledge of the sport (or activities) and introduced them to the fundamental skills associated with participation. This included an overview of the leadership roles played in the conducting of the sport. The Program required group participation and focused on all participants being actively involved.

Over 1,000 Year 7 students took part in the GSV EXPO. Over 28 sports/activities were offered across 3 days at 3 different venues – Ashburton, Ascot Vale, Hawthorn.

"GSV sport has changed the way I believe and appreciate what sport is all about. It shows me that females can participate in any sport they can think of. GSV is a great way for girls to get involved in a team sport with their school friends. It's not all about winning but also about enjoying the sport and expanding your skills – that's what makes GSV so special."
Felicia, Kilvington.

"This year we have had the opportunity to participate in a wide range of sports as part of GSV. We feel that it has been a valuable experience where we have learnt many new skills and developed a great sense of team spirit. We have had a lot of fun and we hope to be able to participate in more sports in the future." Melissa, Rachel and Tara, Mentone.

Students and Sport Development

Sport offers a range of benefits that extend well beyond physical gains. Participation allows girls to develop as individuals in a number of ways, fostering confidence and team skills, while providing the chance to build personal strengths. It is therefore not surprising that some students are choosing to share their experiences by taking on coaching and umpiring roles.

Peer coaching allows students to develop new leadership roles and skills. It also allows them to bring a fellow student's understanding to the sport while continuing to provide excellence in coaching. The increasing presence of students in development roles is a tribute to the non-competitive benefits of sport and the many ways participation in sport can enrich school life.



Heads of Sport

Back row: Deb Frizza (Melbourne), Michael Nelson (Fintona), Louisa Burbury (Ruyton), June Ward (Tintern), Dean Rossato (Star of the Sea)

Middle row: Craig Harris (Firbank), Valerie Browning (Toorak), Jenny Burgess (GSV), Jenni McIntyre (PLC), Lindy Broadfoot (Kilvington), Michaela Ford (St Margaret's), Sally Burns (Lauriston), Fiona Shepherd (Strathcona), Jarrod O'Neill (Camberwell), Sarah Lawford (St Catherine's), Kim Taylor (GSV)

Front row: Cathy Hunt (Loreto), Wendy Millar (Korowa), Chris Riley (Shelford), Meredith Prime (GSV), Brad Carter (Ivanhoe), Peter Bengough (OLMC), Vicki Hoban (Lowther Hall), Cath Murphy (Genazzano).

Absent: Michele Coventry (Mentone), Debbie Bennett (MLC), Kim Elder (Sacre Coeur)

