



Sports Skills Program

2019

TRACK CYCLING

INFORMATION PACKAGE





2019 Track Cycling Skills Program **General Information**

What is it all about?

GSV, in partnership with Cycling Victoria, presents the 2019 GSV Track Cycling Skills Program. The program is open to all students from Year 7-12 at GSV schools, aimed at students with little or no previous track cycling experience.

Over five sessions, you will experience the thrill of track cycling in a world class facility alongside accredited coaches. You will learn to master a 42° bank track, rolling turns and discover a variety of track cycling skills, such as flying laps, time trials and team pursuits just to name a few! No previous track cycling experience necessary! Provision of a professional track bike is included.

How do I register?

Please see your Head of Sport for the link to the appropriate registration and medical form. These must be submitted online by **Wednesday 12 June 2019** to secure a place in the program (first in first served).

When:

Session 1: Monday 5 August, 4.30pm – 6.00pm
Session 2: Monday 12 August, 4.30pm – 6.00pm
Session 3: Monday 19 August, 4.30pm – 6.00pm
Session 4: Monday 26 August, 4.30pm – 6.00pm
Session 5: Monday 2 September, 4.30pm – 6.00pm

Where:

Darebin International Sports Centre
281 Darebin Rd
Thornbury 3071
Melways Reference: 31 A6

Meeting Point:

Meet GSV staff trackside 10 minutes prior to the start of each session. A GSV staff member will be in attendance for the duration of each session and this person will assist with the administration and organisation of the program.

Cost:

\$187.00

GSV does not accept individual payments but will invoice schools. Please see your Head of Sport regarding payment procedure for your school.

What do I need?

- School sports uniform, runners
- Bike helmet
- Water bottle, snack (if needed)
- Any medication you may require (Ventolin/Epipen)

All track bikes will be provided by Cycling Victoria.

First Aid:

Provided by a representative from First Aid at Events.

Registration Confirmation/Cancellations/Withdrawals:

GSV will confirm with your Head of Sport your registration. Please check with them to verify your place in the program after the closing date.

On the date of close of entry, GSV is required to confirm numbers and staffing with the service provider (Cycling Victoria) and, as such, no refunds can be given after this date.

Minimum numbers apply for the program to proceed. Should the program be cancelled due to lack of numbers, registered participants will be notified shortly after the closing date of entries. A full refund will be given in this case.

GSV Contact Details:

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Sport Officer

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