



GIRLS SPORT VICTORIA

Sports Skills Program

2019 FENCING INFORMATION PACKAGE





2019 Fencing Skills Program General Information

What is it all about?

GSV, in partnership with Fencing Victoria, presents the 2019 GSV Fencing Skills Program. The program is open to all students from year 7-12 at GSV schools.

Over five sessions, you will discover the skills of Epée style fencing, incorporating many of the signature moves and tactics of the sport. No previous experience necessary!

	Week One	Week Two	Week Three	Week Four	Week Five
Skills & Knowledge	On Guard Stance & Movement, Offence/Defence Safety & Etiquette	Simple attacks, Parries & Ripostes Footwork	Attacks on the blade, combination Footwork, basic Refereeing	Compound attacks, Introduction to Electrics, Refereeing	Electric Fencing
Activity	Introduction to Bouting	Bouts	Bouts with Referees	Refereed Bouts	Friendly Competition

How do I register?

Please see your Head of Sport for the link to the appropriate registration and medical form. These must be submitted online by **Friday 22 February 2019** to secure a place in the program (first in first served).

When:

Session 1: Saturday 4 May 4.30pm – 5.45pm
 Session 2: Saturday 11 May 4.30pm – 5.45pm
 Session 3: Saturday 18 May 4.30pm – 5.45pm
 Session 4: Saturday 25 May 4.30pm – 5.45pm
 Session 5: Saturday 1 June 4.30pm – 5.45pm

Where:

State Fencing Centre
 1st Floor, 204-206 Arden St
 North Melbourne 3051
 Mel Ref 2A E8

Meeting Point:

Meet GSV staff on Level 1 of the Centre 10 minutes prior to the start of each session. A GSV staff member will be in attendance for the duration of each session and this person will assist with the administration and organisation of the program.

Cost:

\$176.00 per student (including GST)
 GSV does not accept individual payments but will invoice each individual school. Please see your Head of Sport regarding payment procedure for your school.

What do I need?

- School sports uniform (must wear school tracksuit pants/ leggings for safety), runners
- Water bottle, snack (if needed)
- Any medication you may require (Ventolin/Epipen)

All protective garments and safety equipment will be provided by Fencing Victoria.

First Aid:

Provided by a representative from Colbrow Medics.

Photographs:

The official GSV photographer (Sportstrend) may be in attendance during the final session. These will be available for viewing via the school Head of Sport in the weeks following the event.

Cancellations/Withdrawals:

GSV will confirm your registration with your Head of Sport. Please check with them to verify your place in the program after the closing date.

On the date of close of entry, GSV is required to confirm numbers and staffing with the service provider (Fencing Victoria) and, as such, no refunds can be given after this date.

Minimum numbers apply for the program to proceed. Should the program be cancelled due to lack of numbers, registered participants will be notified shortly after the entry closing date. A full refund will be given in this case.

GSV Contact Details:

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Sport Officer

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