



Media Release

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GSV Girls Get Into the Swing of Sport

400 Year Seven girls couldn't believe their eyes when Dancing with the Star's Mark Wilson turned up on the first of a three-day Girl Sport Victoria Sports Expo this week.

Mark was on hand to teach a few basic moves in Dancesport, just one of 30 sports on show at the Expo.

Teaching a freestyle routine to "Blame it on the Boogie", Mark's class was a clear winner among the girls, many of whom were quickly converted from 'Hip Hop' to 'Boogie'.

Genazzano's Amelia Cremasco (13), was just one Year Seven girl who relished the opportunity to dance with a 'star'.

Amelia, who studied Ballet and Jazz in primary school, got right into the swing of Dancesport.

"I would love to be able to dance like the stars do," she said.

Cheerleading, a new discipline in Gymnastics, also proved popular, with the girls learning routines to Top 40 hits.

As well as mainstream sports such as Netball, Hockey and Volleyball, the girls were also able to try their hand at Calisthenics, In Line Hockey, Lawn Bowls, Synchronised Swimming, Table Tennis and Underwater Hockey.

In total almost 1,200 girls attended the three day event, held at Ashburton YMCA, Monash University Sport and Recreation Centre and Aqualink, Box Hill.

The Expo is designed to give Year Seven girls an idea of the huge variety of sports they can enjoy, many of which are available within GSV's sports programme.

One of GSV guiding principles is to encourage girls to participate in sport and to develop a lifelong interest in physical activity as part of a healthy lifestyle.

Girls Sport Victoria is one of the largest independent school sporting associations in Victoria, with 24 member schools.

Ends

For more information please contact Leonie Mawkes on 0407 742 268.

Photo attached: Genazzano's Amelia Cremasco (13) gets into the swing of Dancesport with Dancing with the Star's Mark Wilson.